

## Welsh Schools' Cross-Country SIAB Teams, 31st March, Dublin 2007

### Junior Girls

|                 |                                  |
|-----------------|----------------------------------|
| Carys Deeley    | The Cathedral - Cardiff and Vale |
| Zoe Thomas      | Porthcawl - Glamorgan Valleys    |
| Natasha Cockram | Croesyceiliog - SE Wales         |
| Abbie Oliver    | Connah's Quay - NE Wales         |
| Ffion Jones     | Cwm Rhymini - Glamorgan Valleys  |
| Cerys Morgan    | Penyrheol - Afan Nedd Tawe       |
| Lauren Harries  | Penwedig - Dyfed                 |
| Cerian Davies   | Tregaron - Dyfed                 |

### Junior Boys

|                 |                           |
|-----------------|---------------------------|
| Charlie Hulson  | Alun - NE Wales           |
| Chris Carpanini | St Albans - SE Wales      |
| Hywel Bennett   | Caereinion - Powys        |
| James Wright    | Alun- NE Wales            |
| Luke Parker     | Cardigan - Dyfed          |
| Elliott Hardee  | Bettws - SE Wales         |
| James Hanrahan  | St Albans - SE Wales      |
| Alex Matchett   | Sir Thomas Picton - Dyfed |

### Intermmmediate Girls

|                    |                                     |
|--------------------|-------------------------------------|
| Angharad Davies    | Llandovery College - Dyfed          |
| Benytta Doman      | Gwynlliw - SE Wales                 |
| Gwenno Brown       | Glantaf - Cardiff and Vale          |
| Sian Trace         | Amman Valley - Dyfed                |
| Drusilla Griffiths | Bishop Gore - Afan Nedd Tawe        |
| Elinor Thorogood   | Penglais - Dyfed                    |
| Aneura Phillips    | Preseli -Dyfed                      |
| Leah Dixon         | St John Baptist - Glamorgan Valleys |

### Intermmedaite Boys

|                  |                                   |
|------------------|-----------------------------------|
| Dewi Griffiths   | Tre-Gib - Dyfed                   |
| Adam Bitchell    | Penweddig - Dyfed                 |
| Rowan Axe        | Radyr - Cardiff and Vale          |
| Jonathan Hopkins | Brynteg - Glamorgan Valleys       |
| Stephen Pierce   | Eifionydd - Eryri                 |
| Adam Lewis       | Bishop Hadley - Glamorgan Valleys |
| Jamie Bussell    | Newbridge - SE Wales              |
| Adam Banks       | Argoed - NE Wales                 |

### Team captains

|                 |                            |
|-----------------|----------------------------|
| Dewi Griffiths  | Tre-Gib - Dyfed            |
| Angharad Davies | Llandovery College - Dyfed |

## Welsh Schools' Cross-Country under 20 teams for Inter-Association match at Pencoed 1st April

### Senior Girls

|                    |                                  |
|--------------------|----------------------------------|
| Elinor Kirk        | Gwyr - Afan Nedd Tawe            |
| Jenna Roberts      | Caerleon - SE Wales              |
| Martha Clarke      | Bro Morgannwg - Cardiff and Vale |
| Megan Thomas       | Coleg Sir Gar - Dyfed            |
| Danielle Page      | Rougemont - SE Wales             |
| Kayleigh Brown     | Tre-Gib -Dyfed                   |
| Bethan Woods       | Usk College - SE Wales           |
| Alaw Beynon-Thomas | Strade - Dyfed                   |
| Sophie Kendrick    | Llandrindod - Powys              |
| Carys Howell       | Strade - Dyfed                   |

### Senior Boys

|                 |  |
|-----------------|--|
| Ieuan Thomas    | Fairwater - SE Wales                   |
| Tom Marshall    | Llandrindod - Powys                    |
| Afan Humphries  | Ystrad Mynach Coll - Glamorgan Valleys |
| Ricky Challinor | Deeside College - NE Wales             |
| Gavin Hanrahan  | St Albans - SE Wales                   |
| Stefan Raw-Rees | Christ College - Powys                 |
| Huw Adams       | Cowbridge - Cardiff and Vale           |
| Ali Solhjo      | St Martin's - Glamorgan Valleys        |
| Gethin Edwards  | Syr Hugh Owen - Eryri                  |
| Harry Jones     | Bryn Elian - Eryri                     |

### Team captains

|              |                      |
|--------------|----------------------|
| Ieuan Thomas | Fairwater - SE Wales |
| Elinor Kirk  | Gwyr- Afan Nedd Tawe |