

**Welsh Schools Athletic Association**  
**National Cross Country Championships**  
**8 March 2003** **Brecon**

**Overall Team Result**

1	Dyfed	54
2	Powys	45
3	Afan Nedd Tawe	42
4	Eryri	41
5	Cardiff and Vale	35
6	N. E. Wales	34
7	S. E. Wales	24
8	Glamorgan Valleys	23

**Senior Boys**

**6900 metres**

**Team Result**

1	Dyfed	57
2	Eryri	93
3	Cardiff and Vale	96
4	Powys	153

Pos	Name	School	District	Time
1	Darren Jones	Coleg Menai	Eryri	26:15
	Wyn			
2	William George	Monmouth Boys	S.E. Wales	26:40
3	Matthew Brown	Cowbridge	Cardiff and Vale	27:28
4	Ian Williams	Preseli	Dyfed	27:52
5	Jonathan Priest	Cardinal Newman	Glamorgan Valleys	28:13
6	Jonathan Williams	CCTA	Dyfed	28:27
7	Jan Daniels	Christ College	Powys	28:36
8	Gareth Evans	Aberaeron	Dyfed	28:39
9	Nick Woodrow	Milford	Dyfed	28:41
10	Iwan Jones	Syr Hugh Owen	Eryri	28:43
11	Liam Jones	Prestatyn	N. E. Wales	28:50
12	Carl Scott	Pembroke	Dyfed	28:59
13	Dafydd Ifan	Yale	N. E. Wales	29:39
14	Mark Morgan	St David's College	Cardiff and Vale	29:44
15	Matthew Jones	Cowbridge	Cardiff and Vale	29:50
16	Tom Matthews	Builth	Powys	30:06
17	Ben Muskett	Friars	Eryri	30:14
18	Dafydd Williams	Preseli	Dyfed	30:16
19	Ben Clarke	Radyr	Cardiff and Vale	30:25
20	Daniel Tordoff	Friars	Eryri	30:40
21	Ifan Jones	Syr Hugh Owen	Eryri	30:55
22	Edward Takata	Cardiff High	Cardiff and Vale	30:59
23	Neil Loveland	Radyr	Cardiff and Vale	31:04
24	Simeon Fawcett	Friars	Eryri	31:16
25	Matthew Gullivan	Rougemont	S.E. Wales	31:19
26	James Hunt	Cowbridge	Cardiff and Vale	31:46
27	Stuart Henderson	Neath Port Talbot College	Afan Nedd Tawe	31:59
28	Matthew Owens	Llangefni	Eryri	32:07
29	Ashley Brace	Brynteg	Glamorgan Valleys	32:43
30	Greg Lawson	Newtown	Powys	32:57
31	Daniel Prevett	Christ College	Powys	33:10
32	Chris Walters	Aberaeron	Dyfed	33:28
33	Robert Milton	Christ College	Powys	34:34
34	Colin Morris	Neath Port Talbot College	Afan Nedd Tawe	34:47
35	David Williams	Aberdare Boys	Glamorgan Valleys	35:06
36	Gareth Davies	Gwernyfed	Powys	35:19
37	Paul Hester	Newtown	Powys	35:26
38	Bon Koo	Christ College	Powys	36:59

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39 Daniel Robinson Dyffryn Taf Dyfed 39:00

**Middle Boys 5700 metres**

**Team Result**

1	Dyfed	75
2	Eryri	119
3	Cardiff and Vale	175
4	Afan Nedd Tawe	185
5	Powys	247

Pos	Name	School	District	Time
1	Afan Humphries	YG Cwm Rhywni	Glamorgan Valleys	20:23
2	Thomas James	Rhydney	Glamorgan Valleys	21:11
3	Wynne Evans	QE Cambria	Dyfed	21:38
4	Mark Davies	Birchgrove	Afan Nedd Tawe	21:45
5	Lee Ladd	Cardigan	Dyfed	22:01
6	Nick Northall	Dinas Bran	N. E. Wales	22:10
7	Rhys Beynon Thomas	Strade	Dyfed	22:24
8	Mathew Parkes	Cynfig	Glamorgan Valleys	22:26
9	Ben Owen	John Bright	Eryri	22:32
10	Ben Jones		N. E. Wales	22:39
11	Gavin Stokes	Newbridge	S.E. Wales	22:50
12	Sam Frazer	Christ College	Powys	22:53
13	Alun Sayce	Cardiff High	Cardiff and Vale	22:56
14	Anthony Jones	YG Gwynllyw	S.E. Wales	23:02
15	Gavin Williams	Glan y Mor	Dyfed	23:05
16	Sean Eardley	John Bright	Eryri	23:10
17	Nick Stubbs	Whitchurch	Cardiff and Vale	23:14
18	Mark Fowles	Llantwit Major	Cardiff and Vale	23:15
19	Carl Griffiths	Brynrefail	Eryri	23:19
20	Aled Thomas	Llangatwg	Afan Nedd Tawe	23:21
21	Kyo Bye	Dyffryn Nantlle	Eryri	23:26
22	Ian Davies	Dyffryn Taf	Dyfed	23:27
23	Joseff Morgan	Bro Myrddin	Dyfed	23:29
24	James Mills		N. E. Wales	23:36
25	Alan Lippit		N. E. Wales	23:38
26	Thomas Lehart	John Bright	Eryri	23:40
27	Craig Maybank	Afon Taf	Glamorgan Valleys	23:43
28	Tom Evans	Y Gader	Eryri	23:44
29	Lee Clayton	Caergybi	Eryri	23:46
30	Tomos Pritchard	Tryfan	Eryri	23:47
31	Hector Wakefield	Cardiff High	Cardiff and Vale	23:51
32	David Cole	Dyffryn Teifi	Dyfed	23:53
33	Geraint Reynolds	Monmouth Comp	S.E. Wales	23:55
34	Nick Hassell	Monmouth Comp	S.E. Wales	23:59
35	Craig Davies	Amman Valley	Dyfed	24:13
36	Michael Lumax	Llangatwg	Afan Nedd Tawe	24:32
37	Martin Jones	Syr Hugh Owen	Eryri	24:35
38	Jake Carey	Llandrindod	Powys	24:39
39	David Colwill	Bishop Vaughan	Afan Nedd Tawe	24:49
40	Liam Jones	Brynhyfryd	N. E. Wales	24:50
41	Matthew Jones	Olechfa	Afan Nedd Tawe	24:53
42	Tom Lucy	Monmouth Boys	S.E. Wales	24:57
43	Sean McDonnell	Whitchurch	Cardiff and Vale	25:09
44	Jack Davey	Aberaeron	Dyfed	25:22
45	Chris Griffiths	Daniel James	Afan Nedd Tawe	25:31
46	Dale Williams	John Beddoes	Powys	25:32
47	James McAllister	Builth	Powys	25:33

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48	Daniel	Jones	Creuddyn	Eryri	25:35
49	Rhodri	Morgan	YG Gwyr	Afan Nedd Tawe	25:36
50	George	Hughes	Llanfyllin	Powys	25:55
51	Jamie	Owen	Dwr-Y-Felin	Afan Nedd Tawe	25:59
52	Owain	Atkins	Bishop Vaughan	Afan Nedd Tawe	26:00
53	Darren	Axe	Radyr	Cardiff and Vale	26:19
54	Peter	Swanton	Welshpool	Powys	26:48
55	Jamie	Evans	Llanfyllin	Powys	27:24

**Junior Boys**

**4200 metres**

**Team Result**

1	Dyfed	91
2	S. E. Wales	128
3	Powys	140
4	Eryri	140
5	N. E. Wales	162
6	Afan Nedd Tawe	198
7	Cardiff and Vale	211

Pos	Name	School	District	Time
1	Matthew Williams	Aberdare Boys	Glamorgan Valleys	16:25
2	Gavin Hanrahan	St Alban's	S.E. Wales	16:27
3	Ieuan Thomas	West Mon	S.E. Wales	16:38
4	Joseph Thomas	St David's	Dyfed	16:52
5	Johnathan Butler	Pencoed	Glamorgan Valleys	16:58
6	Scott Roberts	John Bright	Eryri	16:59
7	Simon Lawson	Llanishen	Cardiff and Vale	17:04
8	Michael Cotton	Fishguard	Dyfed	17:06
9	Jamie Fenaroli	Llangatwg	Afan Nedd Tawe	17:11
10	Daniel Francise	Brynhyfryd	N. E. Wales	17:31
11	Chris Evans	Penweddig	Dyfed	17:36
12	Nicky Cornick	Abertillery	S.E. Wales	17:40
13	Dale Tudball	Rhyl	N. E. Wales	17:47
14	Matthew Francis	St. Joseph's	Afan Nedd Tawe	17:49
15	Jac Murphy	Maes Garmon	N. E. Wales	17:51
16	Chris Bothwick	Llanfyllin	Powys	17:53
17	Adam Roberts	Eirias	Eryri	17:54
18	Harry Jones	Bryn Elian	Eryri	17:55
19	Luke Davies	Builth	Powys	18:01
20	Dafydd Loughran	Bro Myrddin	Dyfed	18:05
21	David Thomas	Tregaron	Dyfed	18:17
22	Chris Ellis	Llanfyllin	Powys	18:21
23	Owain Jones	Christ College	Powys	18:22
24	Shane Cronin	St Cenydd	Glamorgan Valleys	18:23
25	Daniel Challenger	Llangatwg	Afan Nedd Tawe	18:24
26	Daniel Thomas	Cowbridge	Cardiff and Vale	18:25
27	Irfon Thomas	Lampeter	Dyfed	18:26
28	Kyle Harvey	Llantarnam	S.E. Wales	18:27
29	Kieran Ord	Christ College	Powys	18:35
30	Huw Adams	Cowbridge	Cardiff and Vale	18:36
31	Dafydd Williams	Llanfyllin	Powys	18:39
32	Travis Roberts	Y Gader	Eryri	18:44
33	Rhodri Owen	Syr Hugh Owen	Eryri	18:47
34	Gareth Roberts	Llangefni	Eryri	18:49
35	Darren Lock	Duffryn Ogwen	Eryri	18:50
36	Rhys Fealey	Bishop Hedley	Glamorgan Valleys	18:51
37	Matthew Wreford	Caerleon	S.E. Wales	18:59
38	Steffan Raw Rees	Penweddig	Dyfed	19:02

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39	James	Smith	Tasker Milward	Dyfed	19:05
40	Aaron	Aby	Wrexham	N. E. Wales	19:10
41	Adam	Goburn	Wrexham	N. E. Wales	19:14
42	Guto	Lewis	Caereinion	Powys	19:16
43	Gareth	Beer	Wrexham	N. E. Wales	19:20
44	Lloyd	Canham	Llantwit	Cardiff and Vale	19:22
45	Guy	Smith	St. Joseph's	Afan Nedd Tawe	19:25
46	Keiron	Nutt	Blackwood	S.E. Wales	19:28
47	Jack	Wallace	Christ College	Powys	19:38
48	Michael	Kirk	Wrexham	N. E. Wales	19:44
49	Warren	Sinden	Welshpool	Powys	19:46
50	Vincent	Jones	St Richard Gwyn	Cardiff and Vale	19:54
51	Leigh	Tudor	Tasker Milward	Dyfed	20:13
		Williams			
52	Chris	Melbourne	Ysgol Gyfun Ystalyfera	Afan Nedd Tawe	20:15
53	Rhys	Jones	Dwr-Y-Felin	Afan Nedd Tawe	20:39
54	Oliver	Davies	Cardiff High School	Cardiff and Vale	20:54
55	Richard	Peate	Caereinion	Powys	21:12
56	James	Leigh	Cardiff High	Cardiff and Vale	21:33
57	George	Turner	Chepstow	S.E. Wales	22:11

**Senior Girls**

**4600 metres**

**Team Result**

1	Dyfed	61
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Pos	Name		School	District	Time
1	Sian	Kirk	YG Gwyr	Afan Nedd Tawe	20:18
2	Sarah	Mcrobie	David Hughes	Eryri	20:31
3	Hannah	Wright	Crickhowell	Powys	20:47
4	Carol	Bridge	Porth	Glamorgan Valleys	21:15
5	Dawn	Mitchell	Radyr	Cardiff and Vale	21:44
6	Charlene	Beedie	Tregib	Dyfed	22:19
7	Rebecca	Morgan	Amman Valley	Dyfed	22:35
8	Sarah	Pickard	Llanishen	Cardiff and Vale	22:53
9	Karen	Huggins	CCTA	Dyfed	22:58
10	Anwen	Rees	Amman Valley	Dyfed	23:09
11	Hannah	Jarvis	Crickhowell	Powys	23:25
12	Claire	Cowell	Coed-y-Lan	Glamorgan Valleys	23:44
13	Nicola	Perkins	Yale	N. E. Wales	24:43
14	Jo	Tranter	Greenhill	Dyfed	24:59
15	Lizzie	Goodband	Penglais	Dyfed	25:40
16	Sioned	Lake	Aberaeron	Dyfed	25:46
17	Rebecca	Dallimore	Christ College	Powys	26:20
18	Catrin	Higgins	YG Gwyr	Afan Nedd Tawe	26:56
19	Sarah	Skilton	Neath Port Talbot College	Afan Nedd Tawe	26:56
20	Helen	Amor	Alun School	N. E. Wales	27:33
21	Rhian	Evans	Cowbridge	Cardiff and Vale	27:58
22	Theresa	Schmidt	St. Joseph's	Afan Nedd Tawe	28:34

**Middle Girls**

**4200 metres**

**Team Result**

1	N. E. Wales	104
2	Powys	119
3	Afan Nedd Tawe	138
4	Eryri	140
5	Cardiff and Vale	159

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National Cross Country Championships  
8 March 2003  
Brecon**

6 Dyfed 194

Pos	Name	School	District	Time
1	Vicky Jones	Wrexham	N. E. Wales	17:57
2	Amy Holloway	David Hughes	Eryri	18:25
3	Cara Dowden	Cardinal Newman	Glamorgan Valleys	18:31
4	Caryl Jones	Bro Myrddin	Dyfed	18:36
5	Bethan Strange	St John's College	Cardiff and Vale	18:37
6	Claire Harris	Wrexham	N. E. Wales	18:38
7	Efa Llewellyn	Glanafan	Afan Nedd Tawe	18:44
8	Rosie Richards	Gwernyfed	Powys	18:47
9	Leah Brighthouse	Prestayn	N. E. Wales	18:48
10	Tara Paisey	St Alban's	S.E. Wales	19:02
11	Debbie Williams	Tryfan	Eryri	19:11
12	Jade Williams	Brynteg	Glamorgan Valleys	19:23
13	Emily Carter	Bishop Gore	Afan Nedd Tawe	19:38
14	Mererid Jones	Aberaeron	Dyfed	19:44
15	Emily Gibson	Brecon	Powys	19:46
16	Elin Wozencroft	Llandrindod	Powys	19:48
17	Joanna Summerfield	Tredegar	S.E. Wales	19:49
18	Charlotte Taylor	Syr Hugh Owen	Eryri	20:02
19	Emily Kendrick	Llandrindod	Powys	20:04
20	Anna Smith	Dwr-Y-Felin	Afan Nedd Tawe	20:09
21	Laura Deas	Howells	N. E. Wales	20:22
22	Ceri Hanrahan	Chepstow	S.E. Wales	20:27
23	Lisa Brown	Llanishen	Cardiff and Vale	20:32
24	Jade Bourke	Porthcawl	Glamorgan Valleys	20:46
25	Kate Amos	Tonypanyd	Glamorgan Valleys	20:52
26	Natalie Arthur	Cwmtawe	Afan Nedd Tawe	21:11
27	Martha Kane	Whitchurch	Cardiff and Vale	21:31
28	Fflur Jones	Syr Hugh Owen	Eryri	21:46
29	Cath Jones	Christ College	Powys	21:48
30	Charlotte Lightman	Llanishen	Cardiff and Vale	21:57
31	Sarah Jones	Birchgrove	Afan Nedd Tawe	22:09
32	Alex Scrase	Christ College	Powys	22:16
33	Lucy Bache	Botwnnog	Eryri	22:17
34	Roxanne Tabatabai	Llanishen	Cardiff and Vale	22:27
35	Alex Dow	Monmouth Girls	S.E. Wales	22:30
36	Kelly Edwards	Abertillery	S.E. Wales	22:33
37	Iona Thomas	Llandoverly College	Dyfed	22:34
38	Ellie Hinchcliffe	Brynhyfryd	N. E. Wales	22:36
39	Sophie Harrington	Brynhyfryd	N. E. Wales	22:47
40	Aishlen Taylor	Bryn Hafren	Cardiff and Vale	23:03
41	Kate Dendle	Bishop Gore	Afan Nedd Tawe	23:04
42	Danielle Carroll	Mary Immaculate	Cardiff and Vale	23:05
43	Sadah Bowden	Bishopston	Afan Nedd Tawe	23:12
44	Mary Denholm	Bro Myrddin	Dyfed	23:17
45	Teleri Perks	Bro Myrddin	Dyfed	23:20
46	Sarah White	Llanfyllin	Powys	23:28
47	Anna Cartwright	Llanishen	Cardiff and Vale	23:40
48	Nicky Hill	Brynrefail	Eryri	23:48
49	Sarah Perrin	Brynrefail	Eryri	23:58
50	Debbie Nicholas	Amman Valley	Dyfed	24:28
51	Jennifer Corbett	Llanfyllin	Powys	24:52
52	Bethan Collins	Llanishen	Cardiff and Vale	25:04
53	Jane Harwood	Glanafan	Afan Nedd Tawe	25:34
54	Elen Peate	Caereinion	Powys	25:50
55	Caryl Davies	Amman Valley	Dyfed	27:32

**Welsh Schools Athletic Association**  
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**Junior Girls**

**3200 metres**

**Team Result**

1	Afan Nedd Tawe	43
2	Dyfed	53
3	Powys	139
4	Glamorgan Valleys	206
5	Eryri	214
6	N. E. Wales	231
7	S. E. Wales	258

Pos	Name	Name	School	District	Time
1	Non	Stanford	St Joseph's	Afan Nedd Tawe	11:14
2	Megan	Edwards	St Joseph's	Afan Nedd Tawe	12:12
3	Elinor	Kirk	YG Gwyr	Afan Nedd Tawe	12:17
4	Kayleigh	Brown	Tregib	Dyfed	12:21
5	Melanie	Davies	YG Gwyr	Afan Nedd Tawe	12:25
6	Sian	Peters	Glan y Mor	Dyfed	12:29
7	Anna	Symonds	Stanwell	Cardiff and Vale	12:32
8	Jenna	Paynter	Amman Valley	Dyfed	12:42
9	Nia	Dainton	Cwm Rhymni	Glamorgan Valleys	12:44
10	Katie	Parkes	Lampeter	Dyfed	12:46
11	Lowri	Hughes	Ystalyfera	Afan Nedd Tawe	12:47
12	Rachel	Marfleet	Aberaeron	Dyfed	12:58
13	Caryl	Granville	Strade	Dyfed	13:00
14	Leigh	Barker	Brecon	Powys	13:02
15	Abbi	Morris	Dinas Bran	N. E. Wales	13:05
16	Bethan	Griffiths	Llanishen	Cardiff and Vale	13:07
17	Elin	Ellis	Caereinion	Powys	13:12
18	Martha	Clarke	Bro Morgannwg	Cardiff and Vale	13:13
19	Margiad	Ifan	Duffryn Conwy	Eryri	13:14
20	Sarah	Rees	Gwernyfed	Powys	13:15
21	Teri	Baines	Cwmtawe	Afan Nedd Tawe	13:22
22	Paris	Williams	Brynteg	Glamorgan Valleys	13:25
23	Kate	Wiltshire	St Cyre's	Cardiff and Vale	13:27
24	Emma	Browning	St Joseph's	Afan Nedd Tawe	13:34
25	Rhian	Thomas	Llanhari	Glamorgan Valleys	13:35
26	Sarah	Coombes	Amman Valley	Dyfed	13:38
27	Sabrina	Kissane	Llandrindod	Powys	13:46
28	Molly	Pike	Monmouth Girls	S.E. Wales	13:48
29	Sian	Booker	Llanfyllin	Powys	13:49
30	Sioned	Bohana	Syr Hugh Owen	Eryri	13:56
31	Ffion	John	Strade	Dyfed	13:58
32	Lilly	Matthews	Builth	Powys	13:59
33	Sioned	Bohana	Syr Hugh Owen	Eryri	14:00
34	Sarah	Burns	Alun School	N. E. Wales	14:01
35	Kirsty	Moore	Cyfarthfa	Glamorgan Valleys	14:02
36	Claire	Millward	Llanishen	Cardiff and Vale	14:03
37	Kate	Duggins	Cwmtawe	Afan Nedd Tawe	14:05
38	Sioned	Whitcombe	Newbridge	S.E. Wales	14:06
39	Georgina	Williams	Bryn Elan	Eryri	14:07
40	Molly	Dingwall	Dinas Bran	N. E. Wales	14:17
41	Megan	Thomas	Bro Myrddin	Dyfed	14:25
42	Stephanie	Cheers	YG Gwynllyw	N. E. Wales	14:32
43	Madison	Lewis	YG Gwynllyw	S.E. Wales	14:33
44	Julia	Harrington	Brynhyfryd	N. E. Wales	14:37
45	Rachel	Roberts	Duffryn Conwy	Eryri	14:38
46	Nicola	Jones	Gwernyfed	Powys	14:39
47	Elizabeth	Sheldon	Newbridge	S.E. Wales	14:40
48	Holly	Cope-Jones	Aberconwy	Eryri	14:41
49	Teri	Baines	Cwmtawe	Afan Nedd Tawe	14:45

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50	Sarah	Harber	West Mon	S.E. Wales	14:47
51	Lizette	Watkins	Bishopston	Afan Nedd Tawe	14:51
52	Chelsea	Powell	Cwmcarn	S.E. Wales	14:55
53	Jemma	Davies	Glanafan	Afan Nedd Tawe	14:56
54	Zara	Owen	Llanfyllin	Powys	15:04
55	Carly	Jenkins	Cwmcarn	S.E. Wales	15:12
56	Leigh-Ann	Walsh	Dinas Bran	N. E. Wales	15:34
57	Rhian	Phillips	Llanhari	Glamorgan Valleys	
58	Emma	Bullock	Ynysawdre	Glamorgan Valleys	
59	Anna	Johncock	Duffryn Conwy	Eryri	