

Order	No.	Athlete		Time	Points
1	2	Susan Bagnall	AAW B	12.4	4
2	5	Kelly Birkin	Schools A	12.5	3
3	1	Rozelle Cavacuiti	AAW A	12.5	2
4	6	Sarah Hetherington	Schools B	13.2	1

3000m Under 20 Women Time : 19.10

Order	No.	Athlete		Time	Points
1	5	Carol Bridge	Schools A	10.53.2	4
2	1	Katie O'Byrne	AAW A	10.56.9	3
3	2	Aly Rowell	AAW B	11.01.5	2
4	6	Sarah Pickard	Schools B	12.09.9	1

100mH Under 20 Women Time : 19.35

Order	No.	Athlete		Time	Points
1	5	Anwen Rees	Schools A	15.5	4
2	1	Lucy Lougher	AAW A	16.2	3
3	6	Elizabeth Nasrat	Schools B	17.6	2
4	2	Elen Evans	AAW B	18.8	1

4x 100m RELAY Under 20 Women Time : 20.10

Order	No.	Athlete		Time	Points
1	1	Rozelle Cavacuiti, Alex Barton Susan Bagnall, Lucy Lougher	AAW A	49.5	4
2	5	Bethan Harray, Anwen Rees Sarah Hetherington, Maraya Maynard	Schools A	50.6	3

4 x 400m RELAY Under 20 Women Time : 20.30

Order	No.	Athlete		Time	Points
1	1	Natalie Spettie, Danielle Bale, Emma Plow, Rowenna Mortimer,	AAW A	4:05.7	4
2	5	Kate Edmondson, Bethan Harray, Anwen Rees, Elizabeth Nasrat	Schools A	4:10.9	3

Order	No.	Athlete		Time	Points
1	5	Sally Peake	Schools A	11.24	4
2	1	Jessica Doughty	AAW A	10.94	3
3	6	Diana Pugh	Schools B	10.61	2
4	2		AAW B		

High Jump Under 20 Women Time : 18.30

Order	No.	Athlete		Time	Points
1	5	Samantha Nicholas	Schools A	1.55	4
2	1	Stephanie Jones	AAW A	1.55	3
3	6	Bethan Price	Schools B	1.50	2
4	2	Elen Evans	AAW B	1.45	1

Shot Under 20 Women Time : 19.20

Order	No.	Athlete		Time	Points
1	1	Sally Hinds	AAW A	11.25	4
2	2	Charlotte Rees	AAW B	9.69	3
3	5	Mair Jones	Schools A	9.07	2
4	6	Chloe Maxwell	Schools B	8.13	1

TRACK EVENTS AAW (A) 1 AAW (B) 2
MEN Schools (A) 3 Schools (B) 4

400mH Under 20 Men Time : 17.30

Order	No.	Athlete		Time	Points
1	5	David Greene	Schools A	55.0	4
2	2	Gareth Wiltshire	AAW B	57.6	3
3	1	Matthew Williams	AAW A	59.0	2
4	6	Geraint Davies	Schools B	62.7	1

200m Under 20 Men Time : 17.55

Order	No.	Athlete		Time	Points
1	1	Fabian Collymore	AAW A	22.6	4
2	2	Paul Newark	AAW B	23.0	3
3	5	Angelo Patti	Schools A	23.0	2
4	6	Dylan Wyn Edwards	Schools B	25.0	1

1500m Under 20 Men Time : 18.15

Order	No.	Athlete		Time	Points
1	1	Peter Emmett	AAW A	4.04.8	4
2	2	James Davies	AAW B	4.08.5	3
3	5	Danny Evans	Schools A	4.15.3	2
4	6	Edward Takata	Schools B	4.18.6	1

400m Under 20 Men Time : 18.30

Order	No.	Athlete		Time	Points
1	1	Michael Groves	AAW A	49.2	4
2	5	Jonathan Williams	Schools A	49.7	3
3	6	Ashley Bayliss	Schools B	49.8	2
4	2	Wayne Booth	AAW B	50.6	1

2000m S/C Under 20 Men Time : 18.35

Order	No.	Athlete		Time	Points
1	2	Steven Davies	AAW B	6.33.1	4
2	1	Gareth Day	AAW A	6.34.8	3
3	5	Nick Woodrow	Schools A	6.50.5	2
4	6	Mark Morgan	Schools B	6.56.9	1

800m Under 20 Men Time : 18.50

Order	No.	Athlete		Time	Points
1	1	Stephen Davies	AAW A	1.58.4	4
2	5	Chris Gowell	Schools A	1.59.2	3
3	6	Darren Wynn Jones	Schools B	2.02.0	2
4	2	Philip Thomas	AAW B	2.05.2	1

100m Under 20 Men Time : 19.05

Order	No.	Athlete		Time	Points
1	1	Fabian Collymore	AAW A	11.0	4
2	6	Angelo Patti	Schools B	11.1	3
3	2	Paul Newark	AAW B	11.1	2
4	5	Calvin McLaggon	Schools A	11.1	1

110mH Under 20 Men Time : 19.25

Order	No.	Athlete		Time	Points
1	1	Owain James	AAW A	16.0	4
2	3	Geraint Davies	Schools A	16.7	3
3	4	Simon Dwight	Schools B	17.1	2
4	2	Matthew Jones	AAW B	18.1	1

3000m Under 20 Men Time : 20.15

Order	No.	Athlete		Time	Points
1	1	Peter Emmett	AAW A	9;10.6	4
2	5	Matthew Brown	Schools A	9;13.4	3
3	2	Gareth Jones	AAW B	9;19.9	2
4	6	Garan Pearce	Schools B	10;42.8	1

4x 100m RELAY Under 20 Men Time : 20.05

Order	No.	Athlete		Time	Points
1	1	Fabian Collymore, Paul Newark, Wayne Booth, Simon Thompson	AAW A	43.2	4
2	3	Marc Ritchie, James Schofield Angelo Pattie, Calvin McLaggon	Schools A	43.2	3

4 x 400m RELAY Under 20 Men Time : 20.35

Order	No.	Athlete		Time	Points
1	3 4	Jonathan Williams, Paul Heatley, Daniel Gaunt, Ashley Bayliss	Schools A	3:21.5	4
2	1 2	Gareth Wiltshire, Steven Davies Matthew Williams, Michael Groves	AAW A	3:23.4	3

FIELD EVENTS AAW (A) 1 AAW (B) 2
Men Schools (A) 3 Schools (B) 4

Javelin Under 20 Men Time : 17.00

Order	No.	Athlete		Time	Points
1	5	Tom Rees	Schools A	49.58	4
2	1	Aaron May	AAW A	44.97	3
3	6	Michael Alvey	Schools B	44.71	2
4	2	Cameron McCracken	AAW B	44.44	1

High Jump Under 20 Men Time : 17.00

Order	No.	Athlete		Time	Points
1	1	Daniel Leonard	AAW A	1.90	4
2	6	Daniel Nash	Schools B	1.75	3
3	5	James Schofield	Schools A	1.75	2
4	2	Daniel Mason	AAW B	1.75	1

Discus Under 20 Men Time : 17.40

Order	No.	Athlete		Time	Points
1	5	Gareth Bull	Schools A	46.45	4
2	2	Dominic Day	AAW B	39.60	3
3	1	Alex Leach	AAW A	33.87	2
4	6	Tomas Birch	Schools B	33.35	1

Long Jump Under 20 Men Time : 17.40

Order	No.	Athlete		Time	Points
1	5	Richardo Childs	Schools A	6.94	4
2	6	Marc Ritchie	Schools B	6.41	3
3	2	Matthew Jacobs	AAW B	6.40	2
4	1	Mathew Huyler	AAW A	6.30	1

Shot Under 20 Men Time : 18.30

Order	No.	Athlete	Country	Time	Points
1	5	Gareth Bull	Schools A	12.50	4

2	6	Tom Rees	Schools B	12.25	3
3	1	Alex Leach	AAW A	11.28	2
4	2	Daniel Sutton	AAW B	10.77	1

Pole Vault Under 20 Men Time : 18.30

Order	No.	Athlete		Time	Points
1	1	Jason Rees	AAW A	3.50	4
2	5	Paul Walker	Schools A	nh	0
3	2		AAW B		
4	6		Schools B		

Hammer Under 20 Men Time : 19.20

Order	No.	Athlete		Time	Points
1	1	David Proctor	AAW A	50.58	4
2	5	Matthew Richards	Schools A	44.58	3
3	6	John Honey	Schools B	37.34	2
4	2	Alex Leach	AAW B	34.43	1

Triple Jump Under 20 Men Time : 19.20

Order	No.	Athlete	Country	Time	Points
1	2	Matthew Jacobs	AAW B	14.00	4
2	1	Craig Phillips	AAW A	13.63	3
3	5	Dylan Edwards	Schools A	12.60	2
4	6	Aled Power	Schools B	11.52	1

Guest Performances

Order	No.	Athlete	Country	Time	Event
		Zoë Taylor (SW)	Deeside	64.3	U20W 400mH
	456	Emma Plow	Newport	63.8	U20W 400m
	450	Catrin Jones		63.9	U20W 400m
	4	Daniel Gaunt	Cardiff	60.7	U20M 400m
	3	Paul Heatley	Cardiff	51.2	U20M 400m
	212	Tom Matthews	Brecon	7.16.8	U20M 2000m S/C
	452	Simon Thompson	Cwmbran	11.5	U20M 100m
	60	Marc Ritchie	Aberdare	11.5	U20M 100m
	221	Alex Barton	Cheltenham	13.0	U20W 100m
	3	Maraya Maynard	Carmarthen	13.2	U20W 100m

FINAL SCORES

U20WOMEN

1 ST	AAW	85
2 ND	Welsh Schools'	80

U20MEN

1 ST	AAW	95
2 ND	Welsh Schools'	83

OVERALL RESULT

1 ST	AAW	180
2 ND	Welsh Schools'	163